

PRACTICAL INFORMATION



PLACES TO EAT

- **La Créée du Tomahawk**, 1 Bis Quai Tourville, Saint-Vaast-la-Hougue. lacrueedutomahawk.com
- **Sa Qua Na**, 22 Place Hamelin, Honfleur. www.alexandre-bourdas.com
- **Huitre Brûlée**, 8 Rue Brûlée, Honfleur. www.facebook.com/huitrebrulee
- **Le Morny's Cafe**, 6 Place Morny, Deauville. www.facebook.com/lemornyscafe
- **Brasserie les Vapeurs**, 160 Boulevard Fernand Moureaux, Trouville-sur-Mer. www.facebook.com/lesvapeurs
- **Dupont avec un Thé**, 20, Place de Morny, Deauville and 134, Boulevard Fernand Moureaux, Trouville-Sur-Mer. www.dupontavecunthe.fr
- **Le Café Forges**, Grande Rue, Beuvron-en-Auge. www.facebook.com/lecafeforges
- **Crêperie L'Atelier Gourmand**, 37 Rue de Vaucelles, Pont-l'Évêque. www.facebook.com/AtelierGourmandCreperie



PLACES TO VISIT

- **Calvados Christian Drouin Distillery**, Route de Trouville, Pont-l'Évêque. www.calvados-drouin.com/en
- **Graindorge Dairy**, 42 Général-Leclerc, Livarot. www.graindorge.fr/en
- **La Maison du Camembert**, 61 Le Bourg, Camembert. www.maisonducamembert.com
- **Bayeux**: Cathedral on Rue du Bienvenu, and the Tapestry in the museum at 13B Rue de Nesmond. www.bayeuxmuseum.com/en



PLACES TO SHOP

- **Gribouille**, 16 rue de l'Homme de Bois, Honfleur. www.gribouillehonfleur.com
- **L'Atelier du Sel**, 8 Rue du Dauphin, Honfleur.
- **Les petits Duponts**, 2 Rue de la République, Honfleur.
- **Pâtisserie Ordioni**, 25 Rue Saint-Jean, Bayeux. www.patisserie-ordioni.fr



MARKETS

- **Honfleur**: Saturday am, Cours des Fossés to Place Sainte-Catherine; Wednesday am Bio-market Place Sainte Catherine
- **Deauville**: Tuesday, Friday and Saturday am, Place du Marché (near Place de Morny)
- **Trouville-sur-Mer**: daily fish market on the quayside
- **Bayeux**: Wednesday am: Rue Saint Jean; Saturday am: Place Saint Patrice
- **Cherbourg**: Tuesday, Thursday, Saturday am: Place de Gaulle; Sunday am: Avenue de Normandie



PLACES TO STAY

- **La Petite Folie**, B&B, 44 rue Haute, Honfleur. www.lapetitefolie-honfleur.com
- **Le Clos de Grace**, 143 Chemin du Val la Reine, Honfleur. www.leclosdegrace.com
- **Trouville Old Post Office**, 16 Rue Amiral de Maigret, Trouville. ancienne-poste-trouville.com
- **Hotel Flaubert**, Rue Gustave Flaubert, Trouville-sur-Mer. www.flaubert.fr
- **Hotel Barriere Le Normandy Deauville**, 38 Rue Jean Mermoz, Deauville www.hotelsbarriere.com/fr/deauville/le-normandy.html



TOURISM INFO

- **Normandy**: en.normandie-tourisme.fr
- **Cotentin**: www.manche-tourism.com
- **Calvados**: www.calvados-tourisme.co.uk
- **Honfleur**: www.honfleur-tourism.co.uk
- **Deauville**: www.indeauville.fr
- **Bayeux**: bayeux-bessin-tourisme.com/en

IRISH FERRIES



SUGGESTED ITINERARY

Day 1:

Cherbourg - Honfleur (via Saint-Vaast-la-Hougue)

Cherbourg → Saint-Vaast-la-Hougue: 34 mins/32km

Saint-Vaast-la-Hougue → Honfleur: 2 hrs 5 mins/176km

Day 2:

Explore Honfleur

Overnight in Honfleur

Day 3:

Explore Deauville / Trouville

Honfleur → Deauville / Trouville: 25 mins/17km

Overnight in Deauville/Trouville

Day 4:

Pays D'Auge

Deauville/Trouville → Pont-l'Évêque: 15 mins/10 km

Pont-l'Évêque → Livarot: 41 mins/42 km

Livarot → Camembert: 16 mins/15 km

Camembert → Beuvron-en-Auge: 49 mins/47 km

Beuvron-en-Auge → Deauville/Trouville: 32 mins/36 km

Overnight in Deauville/Trouville

Day 5:

Deauville/Trouville - Cherbourg (via Bayeux)

Deauville/Trouville → Bayeux: 1 hr 10 mins/81 km

Bayeux → Cherbourg: 1 hr 10 mins/100 km



Gastro Guide
by Irish Deseine



IRISH FERRIES

Sea travel differently

Gastro Guide

by *Trish Deseine*



Saint-Vaast-la-Hougue

Day 1:

Only a couple of hours' drive from **Cherbourg** is the French food lover's heaven of le **Pays d'Auge**, famous for its patchwork of green fields and orchards, handsome cows, cider and calvados, and where every other town seems to have the name of a favourite cheese. For those whose appetites need more immediate attention as you arrive, head to the pretty fishing town of **St-Vaast-la-Hougue** and try a dozen of their famous oysters, at **La Criée du Tomahawk**, overlooking the harbour, the Vauban towers and Tatihou island.

From there, head to ultra-charming **Honfleur**. Located on the Seine estuary, the old port is lined with high, narrow houses dating from the 16th to 18th century, with a labyrinth of cobbled streets, full of bars, cafés and shops. Honfleur's beauty inspired many artists, from Seurat, Courbet, Monet and Turner to Boudin and Jongkind, and the town is still known for its numerous art galleries. Food wise, moule-frites and crêpes at one of the harbour terraces are a must. And for finer dining and wonderful bread and pastry, try **Sa Qua Na** on Place Hamelin or **L'Huitre Brûlée**, specialised in sustainable fish and seafood and natural wines. For a comfortable night in **Honfleur**, **La Petite Folie** and **Le Clos de Grâce** offer either apartments or B+B in two charming old houses right in the centre.



Pays D'Auge



Oak Casks in Calvados

Day 2:

In Honfleur, don't miss foodie shops **Gribouille**, for their terrific selection of Norman specialities, including all sorts of terrines, Poulet Vallée d'Auge (chicken cooked in cream, apples, cider, and Calvados) salted caramels, cider, Calvados and local biscuits - and **L'Atelier de Sel**, which sells all sorts of seasoned salts, including, naturally, Calvados flavour. Part of the growing family of patisseries and tea rooms **Dupont avec un T** with Meilleur Ouvrier de France Jean-Pierre Etievre at the helm, **Les petits Dupont** opened just last year. Watch (and smell!) their financiers, madeleines, macarons being made in the open kitchen, and don't even try to resist their chocolates.

Day 3:

Then base yourself for a few days in retro-seaside town of **Trouville-sur-Mer** or in extremely posh **Deauville**, just on the other side of the river Touques estuary which divides them. One is easily walkable from the other, via their harbours, and both have vast beaches with elegant boardwalks and plenty of activities for children in the summer months. But it is in the off-season where you'll get the most out of these two classic French holiday towns. In shoulder months, you'll mingle more with locals at the wonderful markets, taste everything you didn't manage in **Honfleur** at one of the two **Dupont** patisseries, and easily find the best tables at **Le Morny's** café in **Deauville**, or legendary **Brasserie Les Vapeurs** in **Trouville**. For accommodation, try the 3★ hotel, **Le Flaubert**, right on the beach in **Trouville**, or go for luxury in the very grand 5★ **L'Hotel Normandy** in **Deauville**, where film stars attending Deauville's film festival stay. In **Trouville** you can rent the old post office, now converted into a remarkable loft perfect for a crowd, retaining many of the old art nouveau features, or a smaller apartment if you are just two.



Trouville-sur-Mer



Camembert

Day 4:

Inland, it's cheese, cider and calvados country, with the villages of **Pont-l'Évêque**, **Livarot** and, a little further south, **Camembert**, all worth the trip. In **Pont-l'Évêque**, visit the beautiful **Drouin Distillery**, still housed in a cluster of authentic 17th century timbered buildings. There, they make and sell cider, poiré (pear cider) Calvados, Pommeau and gins. After the tour, you can taste and buy, and even prolong your visit in this beautiful spot with a picnic under the apple trees. Tuck into a basket of local specialities, apple juice, cider, terrine, bread, cheese of course, and Teurgoule, a caramelised rice pudding typical of the region. Continue to Livarot and the **Graindorge Dairy**. They make first class Livarot, Camembert and Pont-l'Évêque cheeses and again, you can visit to learn about the process. Or you could press on to Camembert, and take in the **Maison du Camembert** museum, or do both! Return to the coast via **Beuvron-en-Auge**, one of France's most beautiful villages and a photographer's dream. For lunch, try **Le Café Forges** in **Beuvron**, a lovely little bistro with terrace, offering generous plates of local specialities and meats cooked on its open fireplace. For the less carnivorous, a Three Cheese galette (easy to guess which three) in **L'Atelier Gourmand** in **Pont-l'Évêque** might do the trick.



Beuvron-en-Auge



Cherbourg

Day 5:

On your way back to **Cherbourg**, **Bayeux** is not only worth a stop to visit the tapestry and the cathedral, but also to pick up some Saint Eve, and the town's best known and loved meringue and cream-filled pastry, at **Ordioni** patisserie, so light you won't even know you've eaten one. If you are passing through on Saturday, make sure you visit the vast and lively market at Place Saint Patrice. Browse the fabulous food stalls and fill up your baskets with terrines and saucissons, cider, Calvados, apples - and all that cheese! - before heading home.



Bayeux Cathedral



CHERBOURG

Bayeux

Honfleur
Trouville-sur-Mer
Deauville
Pont-l'Évêque

Beuvron-en-Auge

Livarot

Camembert